



VINAYAKA MISSION'S
**ANNAPOORANA
COLLEGE OF NURSING**

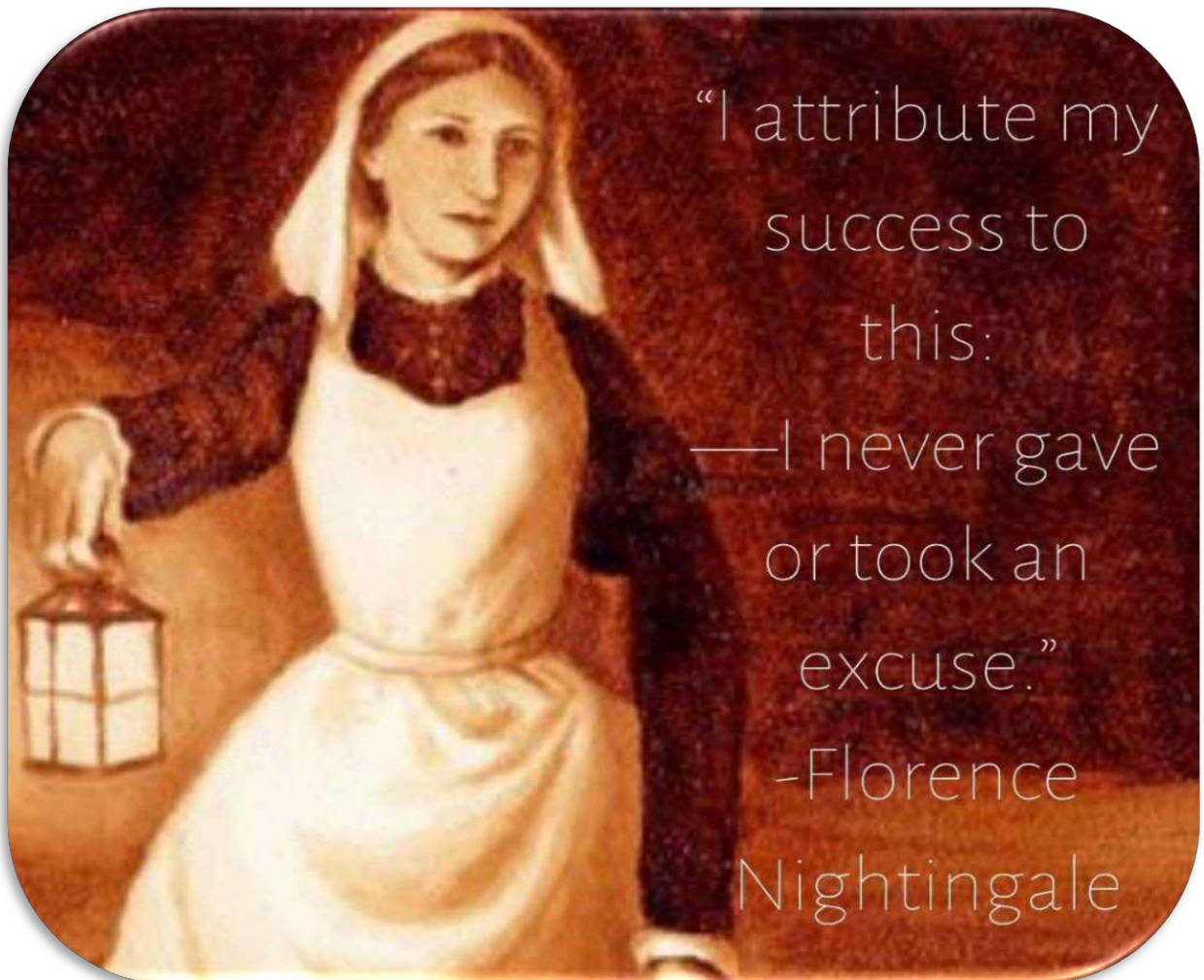


VINAYAKA MISSION'S
RESEARCH FOUNDATION
(Deemed to be University under section 3 of the UGC Act 1956)

**ALUMNI ASSOCIATION,
VINAYAKA MISSION'S ANNAPOORANA COLLEGE OF NURSING,
SALEM**

Registered under The Tamilnadu Societies
Registration Act, 1975 (Tamilnadu Act 27 of 1975)

ALUMNINEWSLETTER - 2022-2023



**SALUTE TO ALL NURSES AND
THEIR HARD WORK**



VINAYAKA MISSION'S
ANNAPOORANA
COLLEGE OF NURSING

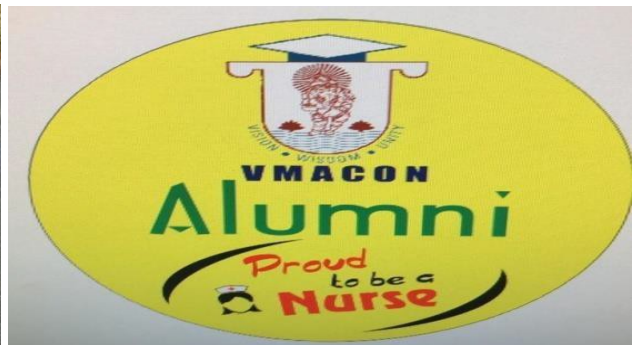


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Newsletter-2022-2023

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Nursing is
an art...
It is one of
the Fine
Arts:
I had almost
said,
the finest
of Fine
Arts.

Florence
Nightingale
NURSE

As a nurse we have opportunity to heal the mind, soul,
heart and anybody our patient, their families and ourselves.

They may forget your name but they will never forget how you
made them feel. "Pride yourself on being a nurse"

REFLECTION OF VMACON

An outlook of VMACON alumni association during annual alumnimeet-2022;

- Annual Alumni Meet – 2022. Alumni Association President Dr.K.Maheswari, Principal, VMACON, Salem, inaugurated and released Alumni Newsletter - 2022. Alumni report was presented by Mrs. U. Palaniyammal, Alumni secretary.
- A seminar on "**Career Guidance**" was dealt by Mr.Vineeth Sukumaran, Senior Manager, Tele Health, Aster DM Health care, Bangalore, (Alumni of VMACON) .
- Various cultural activities and games conducted for the Alumni members. The members were participated enthusiastically in the entire programme. Prizes were distributed to the winners of events. The Alumni members shared their thoughts and opinion.
- General body meeting was held to discuss forthcoming activities of alumni association. programme ended with vote of thanks.



REFLECTION OF VMACON

Our top Alumni Achievers – 2022 -2023



**Mrs. Jincy Mary Manoj,
(2007 - 2011 B.Sc. Nursing)
Training Coordinator, Andrews
Senior Care, Stratford, Prince
Edward Island, Canada,**



**Mr. Silverston,
(2006- 2010 B.Sc. Nursing)
Community Health Worker,
Residential and Rehabilitation unit,
New South Wales, Australia**



**Mrs. Anjana Nilesh,
(2006 - 2010 B.Sc. Nursing)
Clinical Nurse Manager,
Bushmount Nursing Home,
Cork, Ireland**

REFLECTION OF VMACON

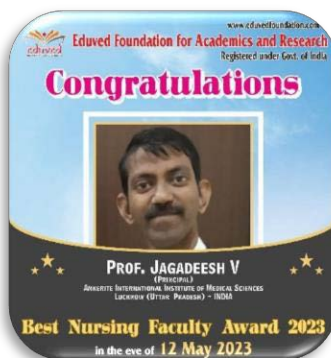
Sl. No	Name of the post	Committee members	Mobile No. & e.mail Id
01.	President	Prof. Dr. K. Maheswari, Vice Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem.	6369300891 maheshsenthil@yahoo.com
02.	Vice President	Dr. Walter, Chairman, Varalakshmi College of Nursing, MS Paramedical Sciences, MS College of Commerce, MS PU College, Bangalore	9900280118 mountshepherd18@gmail.com
03.	General Secretary	Mr. N. Loganathan, Assistant Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	9943455335 nvloganathan@gmail.com
04.	Joint Secretary	Mr. Roby Varghese, Clinical Manager, Arvida Medical Centre Group, Molly Ryan Retirement Village, New Zealand	64221034178 robeyachu@gmail.com
05.	Treasurer	Mr. A. Prabhakaran, Tutor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	9043433402 prabhakaranyellow5@gmail.com
06.	Joint Treasurer	Mrs. S. Shanmuga Priya, Principal, SKS College of Nursing, Salem.	9894332201 shanmugapriyasuresh1979@gmail.com
07.	Programme Committee Chair person	Mrs. K. Vijayalakshmi, Principal, Anbu College of Nursing, Komarapalayam.	9865567174 rishiyazhu2010@gmail.com
08.	Educational Programme Committee Chair person	Dr. S. Lakshmi Prabha, Associate Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	8778674114 lakshmiprabha1978@gmail.com

OUR ALUMNI ACHIEVERS-2022 - 2023

Year	Name of the Alumni	Year & Batch	Award	Awarded by
15.06.2023	Mrs. A. Thenmozhi	2012-2014	Young researcher award	INSC Institute of Scholars
12.05.2023	Prof. V. Jagadeesh	2001-2005	Best Nursing Faculty Award	Eduved Foundation for Academics and Research
12.05.2023	Mr. R. Naveen Kumar	2017-2021	Nurses Excellency Award	Royal Care hospital, Coimbatore
05.09.2022	Dr. S. Balachandar	1998-2002	Best Teachers award	UIJIR Academic Research Foundation, Uttar Pradesh
21.11.2022	Mr. Vinoth	2012-2016	Long Service award	Kauvery Hospital



Mrs. A. Thenmozhi



Prof. V. Jagadeesh



Mr. R. Naveen Kumar



Dr. S. Balachandar



Mr. Vinoth

We are proud to say we are Alumni of VMACON

REFLECTION OF VMACON

Journal Club Presentation

Mrs. S. Vaidhegi, Tutor, Department of Community Health Nursing, Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a journal club presentation on “**Amaurosis Fugax**” on 23.01.2023. It is a condition in which a person cannot see out of one or both eyes due to a lack of blood flow to the eye(s). Other names for amaurosis fugax are transient monocular blindness, transient monocular visual loss or temporary visual loss.



Mrs.S.Sathya, Tutor, Department of Medical Surgical Nursing, Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a Journal Club Presentation on “**Monkeypox**” on 16.09.2022. She has discussed about the mode of transmission, symptoms, Diagnostic Evaluation and treatment measures for monkeypox.

Mrs. U. Palaniyammal, M.Sc. (N), Assistant professor, Department of Community Health Nursing, organized a journal club presentation on “**Sukanya Yojana**”. It is a government backed small savings scheme for the benefit of girl child. It is a part of the Beti Bachao, Beti Padhao Yojana and can be opened by the parents of a girl child below the age of 10 years. It can be opened at designated banks or post offices.



Obstetrics and Gynaecological Nursing department organized a journal club meeting and presented a journal article regarding "**Asherman Syndrome**" on 06.02.2023 by Mrs. A. Thenmozhi, M.Sc.(N), Assistant Professor, OBG Dept, VMACON, Salem. Asherman syndrome occurs when scar tissue forms inside the uterus or cervix. These adhesions occur after surgery of the uterus or after a dilatation and curettage.



Guest Lecture: Department of Medical Surgical Nursing has conducted Guest Lecture on 06.04.2023 regarding "**Unconsciousness and Its Management**". Guest speaker was Mrs. Anjali Devi, CNE Coordinator, AIIMS, New Delhi, covered the areas such as causes, assessment, management and CPR. The students were actively participated in the guest lecture and asked many doubts, guest speaker explained

Career and Counseling Cell of Vinayaka Mission's Annapoorana College of Nursing, Salem, organized seminar regarding "**Job in Abroad**" on 30.03.2023 at College auditorium.

Guest speaker: Mrs. Bindhu Varghese, Tawam Hospital, Oncology division, Alain, United Arab Emirates, Abu Dhabi.

Outcome: Final year B.Sc. (N) students participated and got benefited.



ANNUAL DAY – ASCON FIESTA – 2023



The College Annual Day "ASCON FIESTA - 2023" was celebrated on 26.04.2023 at Annapoorana auditorium, VMKVMCH Campus in the royal presence of Datin' Seri Mrs.Kamatchi Sharavanan, Director, VMRF- DU, Salem, Shri. Gokul Krishnan Sharavanan, Executive Director, Campus Development (VMKVMC Campus), Mr.N.Ramaswamy, Director, VMRF-DU, Salem, Prof. Dr.B.Jaykar, Registrar, VMRF-DU, Salem, Dr. Rajan Samuel, Deputy Director Academics, VMRF-DU, Salem, Dr. Suriyanarayanan, Deputy Director Research VMRF-DU, Salem, and the HOI's of K.V. Star Property Management. Holy lamp was enlightened by all the dignitaries. Magazine - 2023 was released by **Hon'ble Datin' Seri Mrs.Kamatchi Sharavanan, Director, VMRF-DU, Salem** and first copy of the magazine was received by **Chief guest Tmt.S.Rajeswari, I.P.S., Deputy Inspector General of Police, Salem** and **guest of honour Prof. Dr.R. Mani, M.D, Dean, Govt. Mohan Kumaramangalam Medical College Hospital, Salem.** Dr.K.Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing has presented the Annual Report. Prizes were distributed to academics, cultural and sports winners. Cultural programmes were performed by the students. The programme was ended with national anthem.

INTERNATIONAL WEB CONFERENCE - "Quality of Education Through Strategic Teaching Learning Process"



Vinayaka Mission's Annapoorana College of Nursing organized International Web Conference on "Quality of Education through Strategic Teaching Learning Process" on 03.03.2023 & 04.03.2023.

Day-I: 03.03.2023: Scientific session was started with "Self-directed learning" by Prof. Binu Sankaranarayanan, Principal, National Hospital College of Nursing, Kerala, followed by Dr. Vasuki Rajaguru, Assistant Professor, Yonsei University, South Korea who dealt about "Project Based Learning". Dr. Manju Dhandapani, Asso. Professor, PGIMER, Chandigarh dealt about "Experiential Learning". Next scientific session about "Patient Centric Learning" by Dr. Preeti Mathew, Callington Road Hospital, United Kingdom.

Day-II: 04.03.2023: Scientific session was started with "Evidenced Based Learning" by Dr. Iman Al Hashmi, College of Nursing, Sultan Qaboos University, Oman which was followed by Prof. Dr. Omar Al Omari, College of Nursing, Sultan Qaboos University, Oman who dealt with "Problem Based Learning". Mr. Lijin James, RNRM, M.Sc.(N), Clinical Nurse consultant, New South Wales, Australia. Dealt about "Interdisciplinary Learning". Dr. M.D. Santhi, College of Nursing, Jazan University, Kingdom of Saudi Arabia. Sessions were very much interactive and informative to all the participants.

Valedictory session was started after the scientific session. Dr. Suresh K Sharma, Professor & Principal, College of Nursing, AIIMS, Jodhpur, Rajasthan was the Chief Guest for this Program. Inaugural address by Prof. Dr. P.K. Sudhir, Vice Chancellor, VMRF (DU), Felicitation was given by Prof. Dr. B. Jayakar, Registrar, VMRF (DU), and Dr. Suriyanarayanan, Deputy Director Research, VMRF (DU), Salem. Report of International web conference was delivered by Dr. K. Maheswari, Principal, VMACON. Programme ended with vote of thanks.

NATIONAL SEMINAR - Health Care Quality Management in Nursing Profession



Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a National Seminar on 28.10.2022 regarding "**Health Care Quality Management in Nursing Profession**". The Seminar was approved by Tamil Nadu Nurses and Midwives Council, Chennai, with 8 credit hours. The Resource Persons from Kerala, Karnataka and Tamil Nadu were enriched the scientific sessions. 150 delegates from various states of India attended the seminar. The sessions were very much interactive. Valedictory session was enlightened by Honourable Prof.Dr.B.Jaykar, Registrar, VMRF-DU, Salem. The Chief Guest was Thiru.T.Anburajan, Commissioner / Block Development Officer, Veerapandi Union, Salem. The Guest of Honour was Thiru. S. Madhavan, Head Master, Government Higher Secondary School, Neikkarapatti, Salem. Dr. K. Maheswari, Principal, VMACON felicitated the gatherings. Certificates were distributed to all the participants. **Outcome:** Delegates have given the feedback that the topic of the seminar was very much useful. All the Speakers were highlighted and clarified their topics. The seminar was well organized and benefited to all the nurses.



Theme: Our Nurses, Our Future

Students Council of Vinayaka Mission's Annapoorana College of Nursing organized "**International Nurses Day**" on 12.05.2023. The Chief Guest Dr. Ezhil Vendhan, Dean and Guest of honour Dr. Deepti Shastri, Deputy Dean, VMKV Medical College Hospital, Salem, addressed the gathering. Prizes were distributed to Sports and Cultural winners. The Programme was ended with National Anthem.

Youth Red Cross (YRC) unit of Vinayaka Mission's Annapoorana College of Nursing, Salem, conducted a health screening at Vazhakuttapatti village on 08.05.2023 in lieu of "**World Red Cross Day**". Student volunteers done baseline health screening such as blood pressure, blood glucose level for the people and identified risk persons referred to VMKVMCH hospital, Salem for follow up. Around 100 members benefited by the programme.



Obstetrics and Gynaecological Nursing Department organized mime, dance, tabloo and speech in lieu of "**International Midwives Day**" based on the theme on 05.05.2023 at VMACON, Auditorium. Motivational speech was given by Prof.Dr.K.Maheswari, Principal, VMACON, Salem. This day was celebrated to recognize the work of midwives and to raise awareness about the status of midwives for the essential care provided to mothers and new born. **Outcome:** Faculties and final year students were participated enthusiastically and got benefited.





Mime and Flash mob and Speech was organized by Obstetrics and Gynaecological Nursing Department on 11.04.2023 on the eve of **“National Safe Motherhood Day”** based on the theme “Remain at home amid corona virus, protect mother and infant safe from corona virus”. Chief guest was Dr.Sankar, M.B.B.S., Medical Officer, Gugai, Salem. **Outcome:** Around 75 Antenatal mothers were participated and got benefited from the Antenatal Diet Mime and Flash mob and Speech on National Safe Motherhood Day.

Vinayaka Mission’s Annapoorana College of Nursing, Salem, B.Sc. Nursing II - year 100 students visited Aavin dairy farm, Salem on 06.04.2023. During the visit the section engineer given orientation about dairy farm followed that live demonstration about the process and steps of milk pasteurization, storage and distribution of pasteurized milk. At the end of the visit our students clarified their doubts and got information about milk pasteurization.



The Students Council organized **“World Health Day”** based on the theme “Health for All: Strengthening Primary Health Care to Build Resilient Systems” on 07.04.2023 at Rural Health Centre at S.Paparappatti. The Chief Guest was Dr.Sangeetha S, HOD of Community Medicine, VMKVMCH, Salem, Special address was given by Dr.C.Vasantha Mallika, M.B.B.S., DGO, Medical Officer, S.Papparappatti, Salem. Nursing volunteers have enlightened the importance of Health through Health Talk and did health check-up to the public. **Outcome:** Health Camp was conducted around 50 people were participated and got benefited.



Obstetrics and Gynaecological Nursing Department organized “**International Women's Day**” on 08.03.2023 based on the theme “Digit ALL: Innovation and technology for gender equality”. Special address was given by Prof. Dr. K. Maheswari, Principal, VMACON followed by cultural for students and games for nonteaching staffs were conducted. Prizes were distributed and encouraged the winners.

Date: 10.02.2023

Department of Community Health Nursing organized an Awareness campaign through physical assessment and video presentation regarding preventive measures of worm infestation in lieu of “**National Deworming Day**” at Panchayat Union Middle School, Veerapandi, Salem. Around 100 school students benefited in this programme.



Red Ribbon Club and Community Health Nursing department organized an awareness campaign was organized in the eve of “**World Aids Day**” on 01.12.2022 by District Tuberculosis Unit, at District Collectorate, Salem. Our Nursing students 150 were participated in Rally with face painting regarding prevention of AIDS. Rally is inaugurated by Dr. Menaka., District Revenue Officer, Salem.

Outcome: Dedicated service was Appreciated and received Certificate and Shield.





Department of Psychiatric Nursing, Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a Guest Lecture regarding “**Recent Trends in Therapeutic Approaches to Neurocognitive Disorders**” on 09.11.2022. Guest Speaker was Mr.S.Balachander, M.Sc.(N), Professor, SCPM College of Nursing and Paramedical Sciences, Gonda, Utter Pradesh. He dealt about the advanced treatment modalities for Neurocognitive Disorders in Clinical and community settings.

Theme: Education to protect Tomorrow

Venue: VMACON, Salem **Date:** 14.11.2022

The Department of Medical Surgical Nursing has organised an Intercollegiate Poster Competition in the lieu of “**World Diabetic Day**” based on the theme. Around 150 nursing students from various colleges in Tamil Nadu have participated. A team of Juries from different disciplines Dr.R.Shanmugasundaram, M.D, General Medicine, VMKVMCH, Dr.Janani, Assistant Professor, M.D, General Medicine, VMHMCH and Mrs. Poovizhi, Nursing Superintendent, VMKVMCH were declared the prizes.



Date: 31.10.2022

Vinayaka Mission's Annapoorana college of Nursing, Salem, organized a “**Freshers Day**” celebration for I - year B.Sc. (Nursing) & DGNM students programme was inaugurated by Dr.K. Maheswari, Principal and blessed the new comers. All the faculty members and students attended the programme. Freshers performed variety of events and cultural programmes. The programme was ended with National Anthem.



Theme: "Make mental health and well-being for all a global priority"

Department of Psychiatric Nursing organized an awareness campaign through assessment of mental health status among special children in different age groups in lieu of "**World Mental Health Day**" on 10.10.2022 at Ecomwel Orthopaedic Centre, Tharamangalam, Salem. Programme was inaugurated by Mr. A. Lawrence, Director with the presence of Ms. M. Juliet, Secretary and Ms. S. Arokiamary, Head Mistress, Ecomwel Orthopaedic Centre, Tharamangalam, Salem. Followed by psychodrama and brain teaser activities conducted for special children to boost their attention. Six faculty members and 98 Nursing students participated in this programme.

Outcome: Around 75 special children got benefited with their active participation.



Red Ribbon Club (RRC) of Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a Blood Donation Camp In lieu of "**National Voluntary Blood Donation Day**" on 01.10.2022 at Mohan Kumaramangalam Medical College and Hospital, Salem. Faculty members and Student volunteers were donated blood.



Theme: Closing the Care Gap
Venue: Sharon Cancer Institute & VMKVMCH, Salem, **Date:** 04.02.2023

The Department of Medical Surgical Nursing has organised an awareness programme in the lieu of “**World Cancer Day**”. The students created awareness with poster on early detection, symptoms, warning signs and treatment measures of cancer to the public. The students performed mime show about “Effects of cancer – instilling hope” based on the theme.

National flag was hoisted at Vinayaka Mission's Annapoorana College of Nursing, Salem, the on 26.01.2023 at 8.30^{am} in lieu of “**74th Republic Day**” which was organized by Student Council. Pledge was administered during flag hoisting. Student Faculty advisor, all the faculty members, non-teaching staffs and students of VMACON, Salem, participated in this celebration.



Lamp lighting ceremony was conducted in Vinayaka Mission's Annapoorana College of Nursing, Salem on 11.01.2023. Shri.Gokul Krishnan Sharavanan, Executive Director - Campus Development (VMKVMC Campus) inaugurated the Renovated Auditorium. The programme was started at 11.00^{am}. The Chief Guest Address was delivered by Prof.Dr.Akchaya, Principal, Vellalar College of Nursing, Erode. Lighted Lamps were given to the freshers (I -year B.Sc. (N) and DGNM). Nightingale pledge was administered by Dr.K.Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem. The Freshers were given cultural Events.

Vinayaka Mission's Annapoorana College of Nursing, Salem, conducted Inauguration of I - year B.Sc.(N) and DGNM course (2022-2023 Batch) on 12.09.2022 in VMACON Auditorium, Salem. The principal Prof. Dr. K. Maheswari, VMACON, Salem, lighted the ceremonial lamp which was followed by the recital of Pooja and prayer.



Theme: Use Heart for Every Heart

Venue: Salem Junction, Salem

Date: 29.09.2022

The Department of Medical Surgical Nursing has organised an awareness programme for Heart Day awareness program. Chief guest was Mrs. Maya Pithambaram, Deputy Station Manager, Commercial, Southern Railway, Salem, along with Mr. Selvaraj, Station Manager Commercial, Mr. Ayyavu, Deputy Station Manager, Mr. Sakthivel, Commercial Inspector, Mr. Gopal, Assistant SI, Southern Railway, Salem. Dr.K.Maheswari Principal, VMACON, has participated in the program. The students performed flash mob to spread awareness about prevention against CAD based on the theme. The students also carried placards and banners to create awareness of heart disease prevention.

Outcome: Around 150 people got benefitted.



H3M6+Q96, Chinnasiragapadi, Tamil Nadu 636308, India
 Latitude 11.58496678° Longitude 78.06107347°
 Local 12:18:50 PM Altitude 185.32 meters
 GMT 06:48:50 AM Monday, 05 Sep 2022
 Location : VMACON, Salem.



H3M6+Q96, Chinnasiragapadi, Tamil Nadu 636308, India
 Latitude 11.5850346° Longitude 78.0610512°
 Local 12:53:38 PM Altitude 172.1 meters
 GMT 07:23:38 AM Monday, 05 Sep 2022
 Location : VMACON, Salem.

Vinayaka Mission's Annapoorana College of Nursing, Salem, celebrated “**Teachers’ Day**” on 5th September 2022. This day is dedicated to Dr. Sarvepalli Radhakrishnan – second President of India. The inaugural lamp was ignited by the dignitaries and also garlanded to the portrait of Dr. S. Radhakrishnan. Speech about Teacher’s day was given by Prof.Dr.K.Maheswari, Principal. Variety of events conducted for teachers. Students expressed their gratitude and appreciation to the teachers on this day.



The Environmental Students Club, NSS unit and YRC of Vinayaka Mission's Annapoorana College of Nursing, Salem. Created awareness with pamphlets distribution in lieu of “**World Nature Conservation Day**” on 28.07.2022 at Chinnaseeragapadi Village. The volunteers have explained about the importance of protecting the environment by each individual in reducing the natural resource utilization.



Theme: "Know Dementia, Know Alzheimer's"

Date: 21.09.2022

Department of Psychiatric Nursing organized an awareness campaign through Memory Screening followed by individual health education regarding preventive care of Dementia during elderly people in lieu of “**World Alzheimer's Day**” at old age home.

Outcome: Around 50 elderly people got benefited by health education regarding Dementia care and the ways to protect themselves.



Prof. Dr. K.Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem, hoisted the National flag on 15.08.2022 at 9.30am in lieu of 75th Independence Day which was organized by Student Council (SC) & NSS unit of VMACON. Pledge was administered during flag hoisting. All the faculty members, non-teaching staffs and students of VMACON, Salem, participated in this celebration.

GRADUATION CEREMONY - 2022



Graduation Ceremony was conducted in Annapoorana Hall, VMKVMCH Campus Salem, on 24.09.2022. Chief Guest Prof. Dr. S. Ani Grace Kalaimathi, RN, RM, M.Sc.(N), Ph.D., MBA, BGL., Registrar, Tamilnadu Nurses and Midwives Council, Chennai. Guest of Honour Mr. N. Ramasamy, Director, and Dr. B. Jayakar, Registrar, VMRF-DU, Salem, distributed the graduation certificates and the pledge was administered by Prof.Dr.K.Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing to the degree holders, academic winners were awarded with prizes. The programme was ended with National Anthem.

Communicate with us;

Visit alumni



vmaconslm.edu.in

Don't forget to checkout our recently updated website to find information on our undergraduate program, postgraduate program, Faculty, Labs, Continuous nursing education

CONTACTUS

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**9943455335;
9043433402**



PROUD TO BE AN ALUMNI OF VMACON